



# QuestTrek® Nepali Entrepreneurs

September – October 2020

Helambu

The first intercultural leadership programme  
in Nepal for entrepreneurs

---

MyQuest reinforces professional effectiveness



MYQUEST



# QuestTrek® Entrepreneurs

## Nepali Entrepreneurs

QuestTrek Entrepreneurs is a unique leadership trek for through the Himalayas together with successful Dutch entrepreneurs. The QuestTrek is meant for entrepreneurs from promising startups that are ready for the next step. Together you explore this next phase. What is the essence of your entrepreneurial being? And what can you contribute to your community? The magnificent nature around you will challenge and inspire you. The sense of equality with business professionals from another continent is mutually inspiring. This intercultural interaction will trigger different layers in your entrepreneurial being. You will learn about your strengths, blind spots and core values and how these are connected to your vigor as an entrepreneur.

## QuestTrek

Your group consists of maximum 14 people. About half are Dutch entrepreneurs. All speak English. Six days of adventure trekking through the magnificent Helambu area in Nepal. On the way at various locations you take part in an award-winning coaching programme - QuestTrek®. QuestTreks are supervised by ICF qualified Co-Active coaches® and MyQuest qualified QuestTrek coaches.

The tone is relaxed. There's laughter and friendship. There's time for yourself. Physical exertion, the companionship of your fellow entrepreneurs, the coaching exercises and lack of distractions combine to create something unique. Step by step you connect with your drive; the fundamental entrepreneur in you. You will work out a plan for the future that is 100% based on your values, strengths, and professional goals.

Prior to the QuestTrek you do online a scientifically based talent test, have an intake coach session four weeks before the QuestTrek and an introduction with the Dutch entrepreneurs

one day before the QuestTrek. One month after the QuestTrek you will receive another coaching session.

## Date & location

The QuestTrek will take place from end of September until the beginning of October 2020 and takes 6 days. We will be trekking in Helambu towards Langtang National Park. We stay in guesthouses.

## Costs

Cost per participant = €300,- excluding VAT.

## Award winning programma

In the presence of HH Dalai Lama, MyQuest was selected best practise in 2014. In 2020 the 115<sup>th</sup> QuestTrek will have been organized.

## Testimonial

"I came out of the QuestTrek, with renewed confidence, focus and with a fresh outlook on life. In short I can say the QuestTrek and coaching helped me to connect the dots."

Aashish Adhikari, Founder/CEO, Red Mud Coffee Nepal

## Contact and partners

For bookings and information mail [info@myquest.academy](mailto:info@myquest.academy) or call Hedda Steenhauer at +977-9808593226.

MyQuest collaborates with partners that know the business market in Nepal and The Netherlands like investment company [One to Watch](#) and jewelry store [A Beautiful Story](#).

